Workshops July 2016



★ Metro Employment Center 720 S. 200 E. • Salt Lake City

Our workshops are designed to give you the skills necessary to succeed in a highly competitive job market.

- No-cost workshops are open to all job seekers.
- Register at jobs.utah.gov, or speak with an employment counselor.
- Workshops start on time. Late-comers will be asked to reschedule.



Job Seeking Skills	
RESUMÉ WRITING:	
July 20	9:00 ам-11:30 ам
INTERVIEWING SKILLS:	
July 6	1:00 рм-3:30 рм
JOB SEARCH STRATEGIES:	
None	
PROFESSIONALISM IN THE WORKPLACE:	
July 28	9:00 ам-11:30 ам
*LINKEDIN #1:	
July 7	9:00 ам-11:30 ам
*LINKEDIN #2:	
July 19	9:00 ам-11:30 ам

RESUMÉ WRITING: Learn how to write and design a cutting-edge resumé and cover letter or power up a current resumé to get that interview. This workshop is designed for customers who are ready to write a resumé and start actively job searching.

Walk-ins welcome.

INTERVIEWING SKILLS: Learn to be confident in an interview, research employers, market your skills and answer questions to enhance interview effectiveness.

JOB SEARCH STRATEGIES: Learn tools and tips to navigate a successful online job search, including use of electronic job boards, online applications and sending or posting resumés. Basic computer skills required.

PROFESSIONALISM IN THE WORKPLACE: Learn how to present yourself professionally, interact with others, how to use social media and how to approach and solve problems.

LINKEDIN #1: Learn how to sign up, complete and make your profile effective. We will teach what experts look for in a good profile.

*Prerequisite — must have basic computer and Internet navigation skills. Register first, as computers are limited.

LINKEDIN #2: Learn how to find and connect to others that can help you in your career. Find networking opportunities, get introductions, personal brand management and job search. *Prerequisite — must have a current LinkedIn account and complete profile or have attended LinkedIn #1. Register first, as computers are limited.

continued



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July 2016 (continued)

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Life Skills	
BUDGETING AND CREDIT:	
Budgeting - July 12 Credit - July 14	8:45 AM-12:00 PM - TIER 1 8:45 AM-12:00 PM - TIER 1
FOOD SENSE - USU EXTENSION:	
None	
FOOD SENSE - USU EX	0.107 12.001 112

BUDGETING AND CREDIT: Learn how to budget, save, repay debt and build credit.

FOOD SENSE - USU EXTENSION: Healthy Eating on a Budget. Learn how to make a food budget last all month long, plan and create a menu, shop from a list, save money on food and eat healthy. Food demonstration provided to learn how to prepare food in an easy, quick and healthy way.

